

Protecting Yourself Against Identity Theft

Identity theft is on the rise and you are your own best defense. Check out these tips from the Cybersecurity and Infrastructure Security Agency (CISA) to protect yourself.

- Be careful what information you publicize. Attackers may be able to piece together information from a variety of sources.
- Avoid posting personal data in public forums.
- Use anti-virus software and a firewall to protect yourself. Criminals use viruses and “Trojan horses” to steal or modify the data on your own computer and leave you vulnerable to attack.
- Turn on automatic updates on your devices so anti-virus software can run as necessary to keep your system up to date.
- Pay attention to your bank statements and look for any unfamiliar activity.
- Check your credit report every year.
- Use strong passwords including numbers and characters.
- Think before you click. Double check the URL and look for trusted sites such as .gov.
- Enable multi-factor authentication for all your log-ins.
- Check privacy policies on the sites and apps you use frequently or are considering using.